



ENERGIZE RETREAT



MAKE YOUR LIFE'S VISION A REALITY!

A unique mix of activities, expert information and uplifting experiences that enable you to:

- Diminish stress, overwhelm and negative emotions
- Regain energy, focus and inspiration
- Discover your vision and what's holding you back
- Understand the four dimensions of energy
- Improve wellbeing, relationships and performance
- Create your own plan for achieving positive change

Special Guest the sound orakel

Introducing specifically designed sound elements to enhance and deepen your experience

REFLECT – RESET – RENEW

What previous participants have said

"I now have a new clarity in my life"

"The music was a game changer"

"I arrived totally exhausted and now I feel truly energized and focused"

Your Facilitators

Karen Brown,
Dui Klameth and
Sound by Irene Gehring

Location

The Chakra
Ritterhausstrasse 5
8608 Bubikon

Price

CHF 490.–
(includes: 1-day retreat,
follow-up materials and
monthly community
coaching call)

Book now!

Spaces are limited, so reserve your space by contacting:

karen@space-to-renew.com